

Truganina P-9 College College Café Menu

FROM THE DELI BAR FRIDGE		\$	FROM THE SALAD BAR (DAILY SPECIAL)	\$
Seasonal Fresh Fruit	FROM	1.00	Moroccan Cous Cous Salad (VE)	5.00
Fruit Salad (<i>Made Fresh Daily</i>) (GF) (VE)	FROM	4.00	Quinoa Salad (VE) (GF)	5.00
Yoghurt with Muesli		3.50	Thai Noodle Salad (VE) (GF)	5.00
Croissant (<i>Filled extra 50 cents</i>)		3.50	Chicken Caesar Salad (GF)	5.50
Toast with Choice of Spreads (<i>Vegetite, Nutella, Jams</i>)(VR)		1.00	Greek Salad (V) (GF)	5.00
Dip and Zatar Bread (VE)		2.50	With Chicken, Tuna or Beef (H)	6.00
Frittata (<i>Vegetarian</i>)		4.50	GOURMET PANINI	\$
Sushi Rolls (<i>Californian, Vegetarian, Chicken & Tuna</i>) (GR)		2.80	Ham, cheese and Tomato	4.50
FRESHLY-MADE SANDWICHES			Mediterranean Vegetable (V) (VR)	5.50
\$1.00 Extra For Roll		\$	Tandoori or BBQ Chicken (H)	5.50
Cheese & Tomato (V)		3.50	Chicken Schnitzel (H)	5.50
Ham & Cheese		3.50	DRINKS	\$
Ham, Cheese & Tomato		4.00	Apple / Orange (350ml)	3.50
Salad (<i>Lettuce, Tomato, Carrot, Cucumber, Mayo</i>) (V) (VR)		4.50	Up and Go	3.50
Egg & Lettuce (V)		4.00	Oak - 300ml	2.50
Cheese & Salad (V)		4.50	Oak - 600ml	4.00
Roast Chicken & Salad (H)		5.00	Ice Break - 500ml	4.00
Ham & Salad		5.00	Bottled Water (500ml)	2.50
Gourmet Wraps	FROM	5.50	Bottled Water (750ml)	3.50
FROM THE HOT FOOD BAR			Soft Drink Can (Sugar Free)	2.00
.20c Extra For Sauces		\$	Lightly Sparking Water (<i>Lime, Berry or Plain</i>)	3.00
Egg and Bacon Muffin (<i>cheese extra 50 cents</i>)		3.50	Soft Drink 450ml Bottle (Sugar Free)	3.50
Breakky Wrap (<i>bacon, egg, hashbrown & BBQ sauce</i>)	FROM	4.50	Iced Tea 500ml Bottle	4.00
Hash Browns (<i>Oven Baked</i>) (H) (GF) (VE)		1.00		
Steamed Dim Sim (H)		1.00	FROM THE CAFÉ BAR	\$
Homemade Sausage Roll		4.00	Hot Chocolate	3.00
Pies	FROM	4.00	Café Latte (<i>Lite / Full Cream Milk</i>)	3.00
Zinger Pocket or Burger (H)		5.50	Cappuccino (<i>Lite / Full Cream Milk</i>)	3.00
Chicken/Beef Burger (H) (<i>with lettuce</i>)	FROM	4.50	Flat White (<i>Lite / Full Cream Milk</i>)	3.00
Oven Baked Wedges (H) (VE)		3.50	Chai Latte	3.50
Sweet Chili Chicken Tender (<i>each</i>) (H)		2.50	Espresso / Short Macchiato	2.50
Sweet Chili Chicken Tender Wrap (H)		4.50	Long Macchiato	3.00
Vegetarian Spring Rolls (H) (VE)		3.00	EXTRAS	\$
Devil Wings (<i>each</i>) (H)		2.50	Soy Milk/ Strong / Extra Shot	0.50
Homemade Pizza Slice		4.00	Medium Cup	3.50
Beef or Vegetarian Nachos (H)(GF)(VR)	FROM	5.00	Extra Large Cup	4.50
Chicken Souvlaki (H)		5.50	ICE CREAM	\$
Chicken Parma Wrap (H)		5.50	Zooper Dooper / Frozen Juice Cup	1.00
Variety of Pasta (<i>Spiral, Lasagne, Tortellini, Ravioli etc.</i>) (GF, VR)	FROM	4.50	Icy Twist / Calippo	1.50
Variety of Rice (GF, VR), Curry, Noodle, Stir-Fry Meals	FROM	4.50	Paddle Pop	2.00
Roast Beef Roll (H)		5.50	Paddle Pop Thick Shake	3.00
Homemade Soup of the day (S) (H) (GF) (VE)		4.50	Frozen Yoghurt Cup	2.00
Spinach and Cheese Spanakopita (H) (V) (VR)		5.00	SNACKS	\$
Pide (Spinach or Lamb) (H) (VR)		5.50	Muffins (<i>chocolate, blueberry, apple & cinnamon etc</i>)	3.50
Baked Potato (Vegetarian, Beef (H) or Bacon (S))(GF)		5.50	Cake Slices	2.50
Lunch Orders			Slices	2.00
HOW TO ORDER			Rock Deli Chips	2.50
1. Go to www.boccafoods.com.au				
2. Register an account for Yourself and Child/Children				
3. Ensure you complete the correct YEAR LEVEL and CLASSROOM details				
4. Select the food you wish to order to your basket				
5. Pay for your order online using your credit card				
6. Your Child's lunch can be picked up from a priority queue at the canteen at lunch				
Note:				
1. Items may not be available due to supplier stock - similar product will be provided.				
2. Gluten Free and other Dietary needs are required to be pre-ordered				
			H – HALAL	
			V – VEGETARIAN	
			S – SEASONAL	
			GF – GLUTEN FREE UPON REQUEST	
			VE – VEGAN	
			VR – VEGAN UPON REQUEST	

