



TRUGANINA P-9 COLLEGE - YEAR 7-9

FROM THE DELI BAR FRIDGE		\$
Seasonal Fresh Fruit		from 1.00
Fruit Salad (Made Fresh Daily)	GF VE	from 4.00
Yoghurt with Muesli		4.00
Croissant (Filled extra 50¢)		3.50
Toast with Jam, Nutella or Vegemite	VR	1.00
Dip and Zatar Bread	VE	2.50
Sushi Rolls: Californian/Vege/Chicken/Tuna	GF	3.20

FRESHLY-MADE SANDWICHES (extra \$1 for roll)		\$
Cheese & Tomato	V	4.00
Ham & Cheese		4.00
Ham, Cheese & Tomato		4.50
Salad: Lettuce, Tomato, Carrot, Cucumber & Mayo	VRV	4.50
Egg & Lettuce	V	4.00
Cheese & Salad	V	5.00
Roast Chicken & Salad	H	5.50
Ham & Salad		5.50
Gourmet Wraps		from 6.00

FROM THE HOT FOOD BAR (extra 20¢ for sauce)		\$
Egg and Bacon Muffin (cheese extra 50¢)		4.00
Breakky Wrap: bacon, egg, hashbrown & BBQ from		5.00
Oven Baked Hash Browns	GF HVE	1.50
Steamed Dim Sim	H	1.20
Homemade Sausage Roll		4.50
Pies		from 4.50
Zinger Pocket or Burger	H	6.00
Chicken/Beef Burger with lettuce	H	from 5.00
Oven Baked Wedges	HVE	4.00
Sweet Chili Chicken Tender	H	each 2.50
Sweet Chili Chicken Tender Wrap	H	5.00
Vegetarian Spring Rolls	HVE	3.00
Devil Wings	H	each 3.00
Homemade Pizza Slice		4.50
Beef or Vegetarian Nachos	GF HVR	from 5.50
Chicken Souvlaki	H	6.00
Chicken Parma Wrap	H	6.00
Pasta: Penne/Spirals with Bolognese	H	4.50
Pasta: Penne/Spirals with Napoli sauce	VE	4.50
Pasta: Lasagne	H	6.00
Pasta: Ravioli/Tortellini with Carbonara		6.00
Fried Rice	GF	5.00
Curry	HVR	6.00
Stir-fry Noodles	VRV	6.00
Chili Con Carne		6.00
Chicken Caccitore	GF HVR	6.00
Roast Beef Roll	H	6.00
Homemade Soup of the day	GF H SVE	5.00
Spinach & Cheese Spanakopita	H VRV	6.00
Pide: Spinach or Lamb	HVR	6.00

DIETARY GUIDE:

GF GLUTEN FREE UPON REQUEST

H HALAL

S SEASONAL

VE VEGAN

VR VEGAN UPON REQUEST

V VEGETARIAN

DAILY SPECIALS FROM THE SALAD BAR		\$
Garden Salad	VE V	5.50
Greek Salad	V	5.50
Chicken Caesar Salad	GF	6.00
Any Salad with Chicken, Tuna or Beef	H	6.00
Specialty Salads available online or by request: eg. Rice, Quinoa, Cous Cous & Thai Noodle		5.50

GOURMET PANINI		\$
Ham, Cheese & Tomato		5.00
Mediterranean Vegetable	VRV	6.00
Tandoori/BBQ Chicken/Chicken Schnitzel	H	6.00

DRINKS		\$
Apple or Orange Juice 350ml		3.50
Up & Go		3.50
Oak 300ml		2.50
Oak 600ml		4.00
Ice Break 500ml		4.00
Bottled Water 500ml		2.50
Bottled Water 750ml		3.50
Soft Drink Can (Sugar Free)		2.50
Iced Tea 500ml Bottle		4.00

FROM THE CAFÉ BAR		\$
Hot Chocolate		3.50
Café Latte (Lite/Full Cream Milk)		3.50
Cappuccino (Lite/Full Cream Milk)		3.50
Flat White (Lite/Full Cream Milk)		3.50
Chai Latte		4.00
Espresso/Short Macchiato		3.00
Long Macchiato		3.50
EXTRAS		
Soy Milk/Strong/Extra Shot/Mocha		0.50
Almond Milk		1.00
Medium Cup		4.00
Extra Large Cup		4.50

SNACKS	\$
Cake Slices	2.50
Slices	2.50
Rock Deli Chips	2.50
Muffins	3.50

ICE CREAM	\$
Zooper Dooper	1.00
Icy Twist	2.00
Callipo	2.50

HOW TO COMPLETE LUNCH ORDERS:	
1. Go to www.boccafoods.com.au to register account	
2. Ensure correct YEAR LEVEL/CLASSROOM details	
3. Add items to your basket and pay via credit card	
4. Collect orders from priority queue at the canteen	
NOTE: Any dietary requirements to be pre-ordered, & out of stock items to be replaced by similar items	